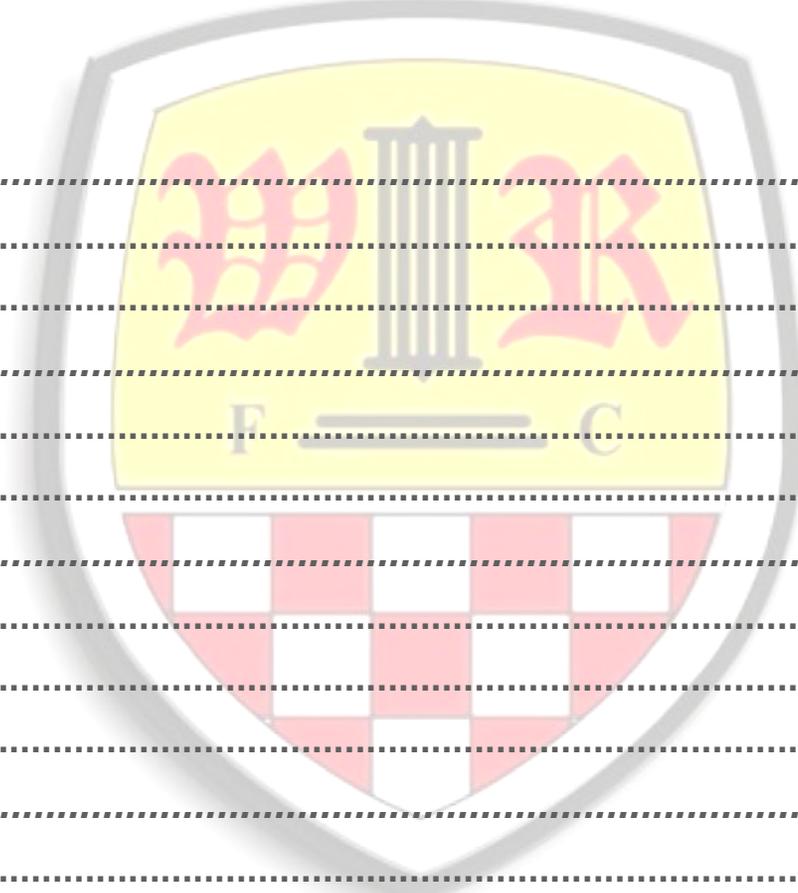


# **WORMLEY WAY**



**Wormley Rovers Youth**

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A large, semi-transparent watermark of the F.C. logo is centered on the page. The logo is a shield-shaped crest. The top half is yellow with a red stylized 'F' on the left and a red stylized 'C' on the right, separated by a grey vertical bar with three horizontal lines. The bottom half is a red and white checkerboard pattern.

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# ETHOS

The 'Wormley Way' champions positive values and behaviours such as fairness, integrity, inclusion and leadership. It is the fabric that underpins our commitment to being a model club within the community, developing players and making football enjoyable for everyone.

***"Everybody should get to play, enjoy the game, have fun with their friends and grow their love of the sport"***

We have a great committee that make decisions based on how they will benefit the club for now and the future. Committee mandatory positions of Chairman; Secretary; Child Welfare Officer; Head of Development

We have amazing facilities, boast to have one of the best grounds in Hertfordshire and proud to say we have the best pitches in the area.

## PRINCIPLES

- *Football for children of all ages / abilities in a safe and friendly environment*
- *Welcoming and fun atmosphere that promotes good behaviour and respect for others*
- *Encouraging players to be as good as they can be, have fun and understand it is acceptable to lose*
- *Challenging and supportive environment where kids can learn from their mistakes*
- *Positive structured coaching to give the kids confidence, nurture their skills and play in all positions*

## GOALS

- *Over 20 players between 4 to 6 years old attend the Dev Squad every week*
- *Minimum of 2 teams formed at U7s*
- *90% of players from the original U7s are still playing football when it moves to 11 aside*
- *90% of the players that started 11 aside are still playing football when they leave senior school*
- *50% of the U18s team play for the Wormley Rovers (senior football) or for a club of a higher standing in the football pyramid*

# WAY WE PLAY

We have a style of play and philosophy that underpins the structure of the teams as they move through the age groups.

## STYLE & PHYLOSOPHY

- *Play fair and adhere fully to the rules of the game*
- *Use of the whole pitch (including the goalkeeper) to create a total passing game*
- *Positively discourage consistent long balls*
- *Produce players who are comfortable in possession and are able to master the ball*
- *Enjoy positive and attacking football*

## TEAM STRUCTURE

The primary aim is for all the players to have fun, whilst developing at their own rate and playing in a team which is consistent with their own ability. We do not 'stream' until U9s football.

Player streaming is the process that allows the movement of players between the teams, in line with their level and speed of development.

Streaming can be a contentious issue and it is inevitable that there will be some level of debate and difference of opinion.

- *U6s to U8s teams will rotate players across different teams (within the given age group) every 4 to 6 weeks*
- *U9s to U11s teams will be streamed in line with the divisions that they are placed and the teams will be reviewed in line with the school terms*
- *Equal playing time for all the players in all age groups up to U12s*
- *U12s upwards will be set teams with streaming and reviews at the discretion of the lead coach*

# WAY WE COACH

We focus our coaching on the development of technical / psychological / physical / social skills in line with the FA '4 Corners' model and all lead coaches will be FA Level 1 qualified (as a minimum).

***"Your role in helping children to develop as footballers and young people should never be underestimated"***

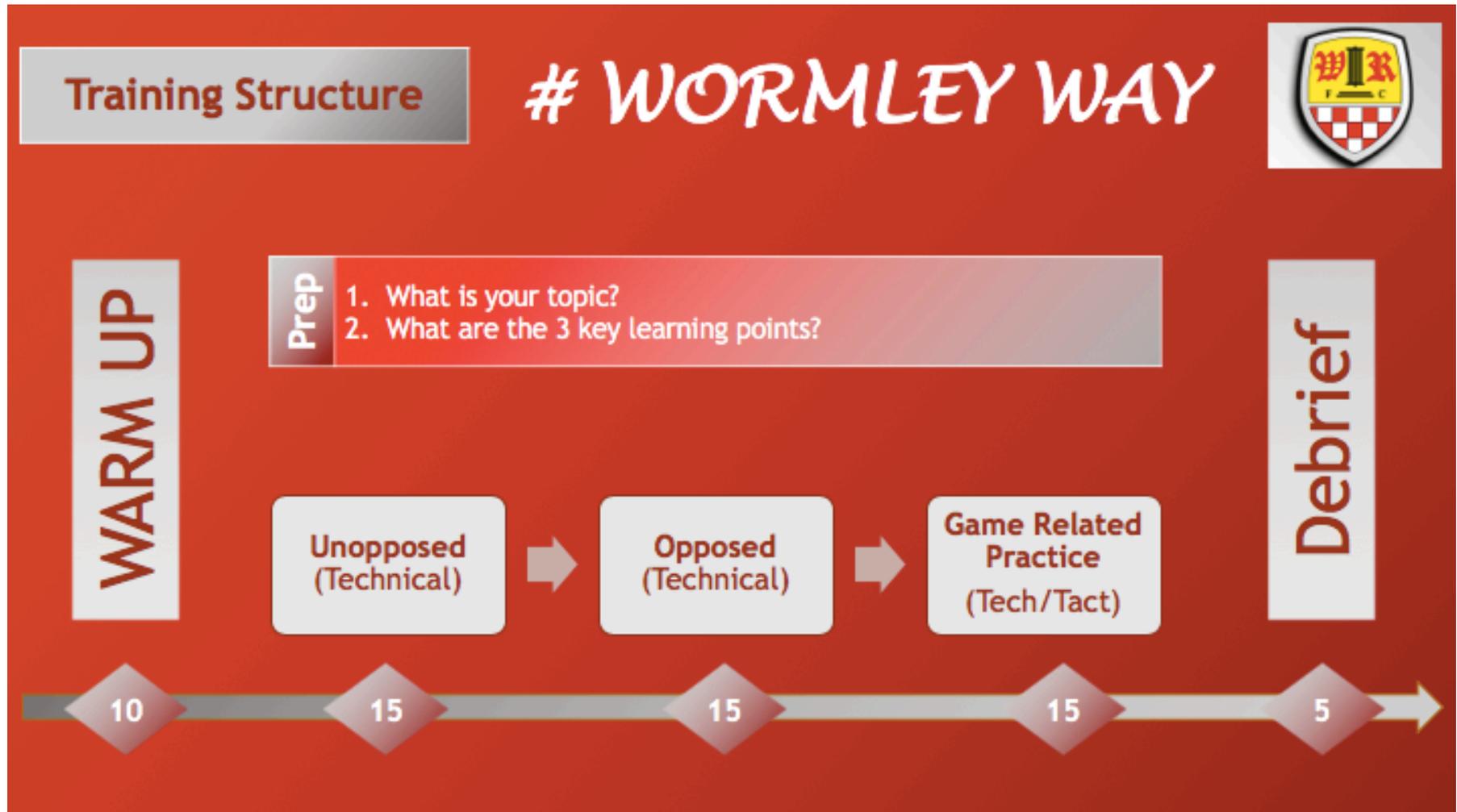
All coaches must complete the FA Child Safeguarding course and have CRC clearance and we require 2 coaches per team with at least 1 coach having at least the FA Level 1 coaching badge.

- *Lead by example*
- *Encourage players to try things without fear of failure*
- *Highlight positives and things people do well*

## **TRAINING**

In partnership with professional football coaching companies we have designed an age related training programme to support our coaches to deliver a consistent approach to training throughout our youth section. There is a training structure and a detailed syllabus for each age group.

## SESSION STRUCTURE



## SYLLABUS

U7 - U12 Syllabus

# # WORMLEY WAY



### Objectives

1. Develop players love for the game and love for the ball
2. Develop players love for the club; its senior players, the badge, their kit and its values.
3. Develop players agility, balance, coordination and speed with and without the ball
4. Develop a players sense of Individuality, freedom and belief to try tricks in game situations
5. Develop a players ability to use both feet when mastering the ball on a range of surfaces
6. Develop confidence and creativity on the ball
7. Develop a players understanding of how to win the ball back quickly upon losing it
8. Develop a players understanding of how to retain the ball under pressure

### Technical

1. Develop passing & receiving
2. Develop dribbling / ball mastery
3. Develop finishing
4. Develop movement: receive > pass > dribble > shoot >
5. Develop pressing
6. Develop returning to a structure/start point when out of possession

## U13 - U14 Syllabus

# # WORMLEY WAY



### Objectives

1. Develop Players Understanding of how to regain the ball and attack covering all areas of the pitch but prioritising a high press
2. Develop Player Understanding of how to retain the ball throughout the thirds of the pitch and regaining possession upon losing it
3. Develop key tactical principles & characteristics of playing 11v11 football

### Technical

1. Apply relentless pressure and follow the press
2. Player movement when attacking with speed
3. Ball movement when attacking with speed
4. Thoughts / Decision making when attacking with speed
5. Ruthless attitude in the final third to shoot, cross, the final pass and score.

# WAY WE BEHAVE

Everyone has a responsibility to show respect and promote high standards of behaviour in the game and we do not tolerate unacceptable behaviour.

All volunteers, players and parents are required to adhere to the club ethos and codes of conduct.

- *Zero-tolerance towards bad language or aggressive behaviour by anyone connected to the club*
- *Zero-tolerance towards sexist, racist and homophobic language by anyone connected to the club*
- *Zero-tolerance towards derogatory language at junior players/referees about their performance*

***"The way you act, the way you behave and the time you commit plays a massive part in their lives"***

## **CODE OF CONDUCT**

We adopt The Football Association's Respect Code of Conduct (below) in everything we do.

# Set the standards for a great game.

Use your position to set a  
positive example for the people  
you're responsible for and lead  
a better game for everyone.

## Play Your Part (Code of Conduct)

### Coaches, Team Managers and Club Officials

#### Play your part and support The FA's Code of Respect:

##### On and off the field, I will:

- Always show respect to everyone involved in the game
- Stick to the rules and celebrate the spirit of the game
- Encourage fair play and high standards of behaviour
- Always respect the Referee and encourage players to do the same
- Never enter the field of play without the referee's permission
- Never engage in, or tolerate offensive, insulting or abusive behaviour
- Be aware of the potential impact of bad language on others
- Be gracious in victory and defeat
- Respect the facilities home and away



# RESPECT



##### When working with players, I will:

- Place the well-being, safety and enjoyment of each player above everything
- Never tolerate any form of bullying
- Ensure all activities are suited for the players' ability and age
- Work with others (e.g. officials, doctors, welfare officers, physiotherapists) for each player's best interests

##### I understand that if I do not follow the Code, I may be:

- Required to meet with the club or league Welfare officer or your CFA Designated Safeguarding Officer (DSO).
- Suspended by the club from attending matches
- Suspended or fined by the County FA
- Required to leave, lose my position and/or have my license withdrawn

# We ONLY do Positive.

*Play your best.  
Be your best.*

*Make sure you and everyone  
around you has a good time  
on and off the pitch.*

## Play Your Part (Code of Conduct)

### Young Players

**Play your part and support  
The FA's Code of Respect:**

**When playing football, I will:**

- Always play my best for the benefit of the team
- Play fairly and be friendly
- Play by the rules and respect the Referee
- Shake hands with the other team - win or lose
- Listen carefully to what my coach tells me
- Understand that a coach has to do what's best for the team
- Talk to someone I trust or the club welfare officer if I'm unhappy about anything at my club
- Encourage my team mates
- Respect the facilities home & away

**I understand that if I do not follow the Code,  
I may:**

- Be asked to apologise to whoever I've upset
- Receive a formal warning
- Be dropped, substituted or suspended from training



**RESPECT**

*We ONLY  
do  
Positive.*



*If we behave positively  
during practice and matches,  
our children will too.*

*By setting a good example, we'll help  
build a supportive environment in which  
everyone can enjoy themselves.*

## **Play Your Part** (Code of Conduct)

### **Spectators and Parents/Carers**

#### **Play your part and support The FA's Code of Respect:**

- Have fun; it's what we're all here for!
- Celebrate effort and good play from both sides
- Always respect the Referee and coaches and encourage players to do the same
- Stay behind the touchline and within the Designated Spectators' Area (where provided)
- When players make mistakes, offer them encouragement to try again next time
- Never engage in, or tolerate offensive, insulting or abusive language or behaviour

#### **I understand that if I do not follow the Code, I may be:**

- Issued with a verbal warning or asked to leave
- Required to meet with the club committee, league or CFA Welfare Officer
- Obligated to undertake an FA education course
- Requested not to attend future games, be suspended or have my membership removed
- Required to leave the club along with any dependents and/or issued a fine



**RESPECT**

**We ONLY  
do  
Positive.**